

# INFORM

A close-up portrait of a woman with dark hair and blue eyes. On her forehead, there is a circular emblem with a blue globe in the center. The globe is surrounded by a silver ring containing the text 'IF YOU'RE NOT INFORMED, IT SHOWS'. The word 'INFORM' is written in large, white, sans-serif capital letters across the top of the image, with the globe emblem acting as the letter 'O'.

## The Skintastic Approach

The New Rx Facial Rejuvenation Program

# The Short On Time Big On Beauty Rejuvenation Program

Because Beauty  
Can't Wait

By Anna Henry

**D**o you have a drawer full of broken promises and shattered dreams? You know the one - chocked full of "revolutionary" cosmetic products and perhaps some electronic gadgets worth hundreds, possibly thousands of dollars in total. Products that claimed to erase the years, to work like Botox®, deliver results similar to a surgical face lift, or some other promise that you had hoped would be true?

You're not alone. Today's society celebrates youth, and frankly, why shouldn't we want to look and feel our best? Chances are, like most of us seeking a more refreshed, youthful appearance, you've been thinking about cosmetic treatment or surgery, but just haven't gotten around to making a consultation appointment.

Now that you're ready for something more than a potion du jour, where do you turn? How do you know what treatments are best for you? Will a non-invasive cosmetic therapy alone work when you want dramatic results? Only through

our comprehensive, scientifically-based clinical facial rejuvenation program can you get an individualized mix of therapies, so you can achieve optimum results with the appropriate services for maintaining your beauty throughout the years.

Skintastic Medical Rejuvenation Center's Jeffery Adelglass, MD, FACS and Gregory Roberts, MD, have joined forces to offer an extensive, total package of cosmetic and surgical treatments which they call their Rx Rejuvenation Program.

From a wide variety of cosmetic therapies such as BOTOX Cosmetic, FotoFacial™, laser hair removal, injectable fillers like Restylane®, the new, minimally invasive Contour Threads™ face lift to surgical solutions like full face lifts, brow lifts, mini-face lifts, rhinoplasty ("nose jobs"), chin and cheek implants, eyelid, ear, and other types of facial plastic surgery. Together, the highly experienced team of Drs. Adelglass and Roberts strive to provide natural looking facial rejuvenation.

## Why is Skintastic's Rx Rejuvenation Program the optimal solution?

By offering a comprehensive assortment of both non-surgical and surgical procedures, Skintastic has the knowledge to prescribe an individualized treatment or combination of treatments that will achieve the results you desire.

For example, face and brow lifts are most effective when performed in conjunction with other non-invasive procedures to achieve complete facial rejuvenation. The texture of the skin itself is not changed by a face lift. Acne scars, discolorations like age spots, and large pores must be dealt with by other methods such as FotoFacial laser resurfacing, chemical peels, and microdermabrasion.

The proper combination of surgical and non-surgical services offered through Skintastic's Rx Rejuvenation Program provides you unlimited choices for the type of results you really want.



# A Consultative Approach

**S**kintastic's new Rx Rejuvenation Program is a balanced, scientifically-based, total enhancement package that offers a wide range of choices that produce optimal results.

Consultation is the first step of the program. It is important that you talk candidly about your desired results. As YOUR personal Rx Rejuvenation plan is developed, each treatment is reviewed and discussed so you understand the benefits and expected results.

**1. Relax Rx** Wrinkles are caused by a variety of things including muscle movement and tension. As our skin loses elasticity over time, facial expressions such as frowning, squinting, and laughing can result in frown lines between the brow, crow's feet around the eyes, and horizontal creases in the forehead.

With no recovery time and minimal discomfort, BOTOX Cosmetic is a safe and effective cosmetic therapy used by Dr. Adelglass to erase wrinkles. BOTOX Cosmetic is a purified protein that relaxes muscles.

Dr. Adelglass is a member of the National Education Committee and teaches his BOTOX Cosmetic injection technique to other physicians. Additionally, he has developed techniques where he uses BOTOX Cosmetic for facial sculpting as well as wrinkle correction.

**2. Refill Rx** Dr. Roberts and Dr. Adelglass both stress the importance of volume replacement for the most natural looking facial rejuvenation, and offer several methods that replace the facial tissue fullness that is gradually lost as we age.

Injectable fillers restore plumpness and volume to facial areas and generally improve facial contours.

Restylane is a long-lasting, safe and natural, clear cosmetic filler that plumps up the tissue, fills in wrinkles, and makes your skin look smoother and more youthful. The effects are immediate and the simple procedure can be performed over your lunch hour with minimal downtime. Dr. Adelglass often uses it in conjunction with BOTOX Cosmetic and patients are delighted with the results.

Dr. Adelglass serves on the Medicis Aesthetics Advisory Council, the makers of Restylane, composed of carefully selected, distinguished practitioners of aesthetic medicine, to advise on important clinical developments.

Plump, full, sensuous lips are a sign of youth and beauty and Restylane along with other fillers are used to augment lips and enhance lip volume, fill in lines and wrinkles around the mouth, and gently lift facial contours.

**1** BOTOX

**5** FotoFacial  
Oxygen Therapy

**4** Contour Threads  
QuickLift

**2** Restylane  
Sculptra  
Fat Sculpting

**3** Neck Liposuction  
Laser Hair Removal

# The Skintastic Rx Rejuvenation Program

Sculptra™ is the latest breakthrough in non-invasive, synthetic dermal fillers. It actually increases the thickness of your skin over time, filling in facial volume lost through aging. Once the desired look is achieved it typically lasts up to two years with only minor touch ups.

Dr. Adelglass often uses Sculptra in combination with Restylane and BOTOX Cosmetic to provide his signature “filler face lift”.

**Fat Sculpting** Dr. Roberts explains that fat can be a good thing if it's in the right place! He restores facial volume through fat sculpting - the redistribution and addition of our own body fat to plump up sagging and hollowed areas, enhance the cheekbones, and add fullness to sunken eyes. This technique results in long lasting, natural looking volume.

**3. Reduce Rx** Some of us have too much of a good thing. Men deal with hairy backs and necks and women suffer from unwanted facial and body hair. Skintastic offers state of the art laser hair removal that uses intense light to rid unwanted hair almost anywhere on the body.

Neck liposuction removes excess fat from the neck area, giving your jaw line a more well-defined appearance and improving your profile.

Microdermabrasion exfoliates the skin and polishes it, getting rid of dead skin cells and other debris, leaving your skin looking radiant and renewed.

Skintastic offers Mesotherapy to reduce cellulite. This non-invasive procedure increases blood flow, improves skin tone, and dissolves the excess, trapped fat deposits that create the lumpy look of cellulite.

## 4. Reposition Rx

Gentlelift (Contour Threads™). Dr. Adelglass performs Gentlelift (also called Contour Thread Lift), an innovative new, minimally invasive, non-surgical procedure that lifts sagging cheeks, necks, and brows. The “threads”, which are FDA-approved, have tiny cogs spaced evenly apart to lift up sagging mid-facial tissue without visible scarring. Your body then forms new collagen

around each thread so it maintains the lifting effect.

Gentlelift is a fairly simple procedure that takes about 60 minutes to perform. The recovery period is fast, with minimal swelling and bruising. Dr. Adelglass points out that he often combines Gentlelift with BOTOX Cosmetic or Restylane, and chemical peels or laser therapy to improve skin texture and increase collagen production.

The QuickLift™ is a new revolutionary surgical procedure with quicker recovery than other surgical procedures. The procedure tightens the skin in the lower portion of the face and delivers noticeable results the same day. This procedure is suitable for people who want to maximize their results. You can lose 10 years in one day.



**Plastic Surgery** Dr. Roberts, an experienced, board certified facial plastic surgeon, offers a variety of surgical lift and restructuring procedures for the face, head, and neck, that produce long-lasting results. Skintastic has an in-office surgical suite and is a member of an accredited out-patient surgical center in conjunction with Presbyterian Hospital of Plano.

You may not know what to expect during a consultation, but rest-assured, Dr. Roberts' friendly, personable demeanor will put you at ease. He will talk to you about your desires and expectations, and then thoroughly examine, educate and discuss options with you in terms that you can understand. He uses the latest technology so you can “try out” your new look before undergoing surgery. After taking digital photographs, video imaging software is used to morph your face and features into the new you.

Dr. Roberts performs cosmetic rhinoplasty. Reshaping your nose can give you a better appearance and more self confidence.

A brow lift (also called a forehead lift) corrects the sagging or low position of the eyebrows and softening horizontal creases across the forehead. Dr. Roberts prefers limited incision, endoscopic brow lifts

If you are bothered by a sagging, aging face with jowls, loose skin under the chin and more, a facelift might be right for you. A facelift is a highly individualized procedure. Dr. Roberts will thoroughly evaluate your skin, muscle, and bone structure to determine the best way to achieve natural looking results.

If you're not ready for a full face lift, the mini face lift or Quicklift could be right for you. The skin is lifted providing a natural looking, more youthful appearance in the lower face and neck areas.

If your eyelids have drooping skin and puffiness or bags due to excess fatty deposits, eyelid surgery, called blepharoplasty, can improve the appearance of both the upper and lower eyelids. Depending on your individual needs, Dr. Roberts may also perform skin resurfacing to improve the tone and appearance of the skin around the eyes.

**5. Revitalize Rx** Smooth, glowing, baby-soft skin signifies youth, health, and vitality. Skintastic offers several scientifically based skin therapies that revitalize your skin.

FotoFacial laser therapy is recommended for anyone wanting to improve skin texture, sun damage, and coloration issues. Utilizing the energy of light FotoFacial addresses sunspots, hyperpigmentation, rosacea, and more. FotoFacial is offered in a series to maximize results.

BLU-U™ light treats mild to severe acne and other skin conditions. Both teens and adults can benefit from BLU-U treatments without the use of antibiotics.

PDT (Photodynamic Therapy) rejuvenates and repairs extremely sun damaged and aging skin by using a laser or LED device in conjunction with a patented topical medicine called Levulan™.

Obagi Blue Peel as well as other customized peels can dramatically improve your skin tone after just one treatment. Perfect for wrinkled, sun-damaged and acneic skin.



# A Cover Girl Story

As a young woman, I began working as a professional model and always understood the value of a well maintained and youthful look. Recently I noticed the telltale signs of aging; fine lines around my eyes and forehead, even my lips no longer had that youthful pout and definition. Curious and concerned about what could be done, I enrolled in aesthetic school to learn and understand more about skin rejuvenation and how to slow down the aging process and how to help others to do the same. I was first referred to Skintastic by a very knowledgeable professor at school. Several visits later to Skintastic as a patient and I was hooked. The experience and results were fantastic, so much so that I wanted more than ever to be a part of the their organization. Finally, after graduating from aesthetic school, I became a part of the Skintastic team. I went there as a patient, found a fantastic career and and the added confidence to be their cover model. Now, let me help you find your inner beauty. Call the skintastic team today.

LED (light emitting diode) treatments offer total skin improvement. A gentle, non-invasive procedure that requires no down time, LED reverses sun damage and helps you appear younger.

## The final “R” of the Skintastic Rx Program

Reveal a new refreshed, revitalized you! Look your best and gain confidence, self-esteem, and get the most out of life. But remember, it is essential that you adopt a maintenance program to enhance and maintain your look for life. In addition to in-office cosmetic maintenance therapies, Skintastic offers topical products for you to use at home in your everyday skincare routine, that help maintain and enhance your beautiful new look.

## The Finishing Touches for Head-to-Toe Beauty

Complete your Rx Rejuvenation with Skintastic’s permanent cosmetics and air brush tanning services. You can wake up looking fantastic instead of washed out. Skintastic offers brow design, lip, eye and face color, semi-permanent makeup, and other timesaving procedures that will enhance your appearance. If you want a classic, golden tan to match your skin tone without exposure to damaging UV rays,

you can have one in less than 30 minutes with the personalized airbrush. You’ll get a more even tan because the tanning product is hand-sprayed onto your body by a trained aesthetician.

**Short on time? Skintastic is big on customer service and caters to busy people.**

At Skintastic we make every effort to accommodate your schedule with appointments available within days. Beauty can’t wait.

“We know that our clients lead very busy lives and that time is precious,” says Barbara Adelglass, Skintastic’s Director of Aesthetics. “Many people don’t have an entire day to spend at a beauty spa. We custom-tailor treatments that are often performed in an hour or less, such as lip augmentation or BOTOX Cosmetic wrinkle treatments. After one of our “lunch time” treatments, patients can go back to work that afternoon or out to dinner that evening.”

Plus the entire Skintastic staff treat their patients as they would want to be treated. After a procedure Doctors Adelglass and Roberts personally call patients to check up on them and see how they are doing.

**Why wait? Now is the perfect time to reveal the new, refreshed, revitalized you. Call and schedule a complimentary consultation today. Skintastic has two convenient locations, including their beautiful new 4000 square foot office located in Plano at Parker and the Dallas Tollway, adjacent to Presbyterian Hospital of Plano.**



The Skintastic Medical Team

## Lift Away the Years with the Skintastic “Lift” that’s Right for You.

“Filler” Face Lift – No Surgery Required

- Gentlelift
- Quicklift™
- Full Face Lift
- Brow Lift
- Eye Lid Surgery

## Skintastic Services/ Treatments at a Glance

### COSMETIC

- Restylane
- BOTOX Cosmetic
- Gentlelift (Contour Thread Lift)
- Lip Augmentation with Fillers
- Epilite Laser Hair Removal
- PDT (Photodynamic Therapy)
- LED Treatment
- BLU-U Light
- FotoFacial RF
- Oxygen Therapy
- Microdermabrasion
- Obaji Blue Peel
- Permanent Cosmetics
- Mesotherapy (Cellulite Reduction)
- Vasculight
- Hand Rejuvenation
- Thermage® Skin Tightening

### SURGICAL

- Mini Face Lift
- Full Face Lift
- Brow Lift
- Rhinoplasty (Nose)
- Blepharoplasty (Eyelids)
- Otoplasty (Ears)
- Facial Contouring with Implants and Liposuction
- Facial Skin Cancer
- Laser Resurfacing



# Meet the Skintastic Doctors

## Jeffrey Adelglass, MD, FACS

Jeffrey Adelglass, M.D., F.A.C.S. is the co-founder of Skintastic Medical and Surgical Skin Rejuvenation Centers, together with his wife Barbara, a licensed aesthetician, and Director of Aesthetics, together they help make Dallas a more beautiful place. Dr. Adelglass and Barbara bring the latest technologies to take skin rejuvenation to the next level.

Dr. Adelglass is a Fellow of the American Academy of Cosmetic Surgery, a member of the American Academy of Facial Plastic and Reconstructive Surgery, an Associate Professor of Otolaryngology at the University of Texas, Southwestern Medical School and currently serves on the Medicis Board (makers of Restylane). He was chosen by Allergan to serve on the National Education Committee to teach others the latest and safest ways of administering BOTOX®, because of his many years of experience.

Dr. Adelglass is also a prominent researcher and founder of a renowned medical research company, as well as a frequent lecturer. He is regularly featured on local television programs and provides the daily pollen count for local television and radio stations.

## Gregory Roberts, MD

Gregory D. Roberts, M.D. joined the Skintastic practice in May, 2005, and has been in practice for 7 years.

Dr. Roberts is board certified by the American Board of Otolaryngology as well as the American Board of Facial Plastic and Reconstructive Surgery. Dr. Roberts received his medical degree from the University of Texas Health Sciences Center in San Antonio, Texas in 1992 where he was elected into the Alpha Omega Alpha Honor Medical Society. He completed a one year internship in general surgery and 4 years of residency in Otolaryngology/Head and Neck Surgery at the University of Missouri, Colombia. Dr. Roberts then completed a fellowship in Facial Plastic and Reconstructive Surgery with Dr. Keith Laferriere in Springfield, Missouri. Dr. Laferriere is recognized as one of the leaders in the fields of Facial Plastic Surgery and is the past President of the American Academy of Facial Plastic and Reconstructive Surgery.

## Plano Location

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